



International Institute on Ageing  
United Nations - Malta

**MEAMA**  
*Middle-East Academy  
for Medicine of Ageing*



# **MEAMA**

Middle East Academy for Medicine of Ageing

**In collaboration with**

**The International Institute on Ageing-United Nation-Malta (INIA)  
Middle-East & North Africa Association on Aging & Alzheimer's (MENAAA)**

**Diploma in Dementia Care Course No. I**

**2022/2023**

**Session 1.1 August 26-27, 2022**

**Overview of Dementia  
Epidemiology & Demographic**

**Location**

Virtual

**Organized by**

Abyad Medical Center, Lebanon <http://www.amclb.com>  
Middle East Longevity Institute, Lebanon <http://www.amclb.com>

## Introduction

Abyad Medical Center, The Middle East Academy for Medicine of Ageing and the Middle East & North Africa Association on Ageing & Alzheimer's announces the Diploma in Dementia care for the years 2022/2023.

The curriculum developed for the Diploma will be shared in two Region of the World, the MENA and the Caribbean. The two Regions will be independent in administering the Diploma however they will collaborate and exchange resources that will make the curriculum and the Diploma a strong initiative in the field of Dementia.

The diploma is designed for health and allied care practitioners, including but not limited to physicians, nurses, social workers, psychologists, physiotherapists, occupational therapists, and health care officers. It is meant for those currently in those professions, those training for those professions, those offering training for those professions and interested in upskilling for provision of services. The diploma is composed of four sessions across which 10 modules are divided. The content aims to increase scientific, clinical, educational and managerial competencies in dementia care.

## Rationale for the Diploma in Dementia Care

People living with Alzheimer's Disease and Related Dementias (ARD), along with their caregivers, turn to trusted practitioners to understand the condition and the challenges they may face. Worldwide health and social care services and systems are poorly equipped to offer quality dementia care. There are critical gaps in dementia education and training.

The MENA Region faces special challenges. With the demographic transition, most countries in the region have been and will continue to experience longer lifespans of their populations. The region is witnessing rapid rise of non-communicable disease including dementia. These factors along with many others likely contribute to the current prevalence of dementia among those 60 and older in MENA Region.

There is therefore an urgent need to equip health and allied care practitioners with knowledge and skills that will allow them to provide the informed, quality, evidence-based care that is needed to address this burden. The Diploma in Dementia Care Improvement will offer one route for such education and training.

## Requirements for Diploma Completion

At the end of the course of four sessions, across which 10 modules are divided, participants will receive a postgraduate Diploma in Dementia Care and will be graduated as *'members of the MENAAA & MEAMA' A network to stimulate the development and maintenance of services for health related problems in elderly people in the Middle- East & North Africa Area*

| Session | Date               | Modality  | Modules | Location     |
|---------|--------------------|-----------|---------|--------------|
| 1       | August 26-27, 2022 | Virtual   | 1-2     | N/A          |
| 2       | Sept 28-29, 2022   | In Person | 3-5     | Lebanon      |
| 3       | November 2022      | Virtual   | 6-7     | N/A          |
| 4       | April 2023         | In Person | 8-10    | Dubai/Kuwait |

## Content Areas

The diploma content includes training on the science of Alzheimer's Disease and Related Dementias in older persons. This includes neurology, biology, epidemiology, and other aspects relevant to improving outpatient care to facilitate sustainable services and systems of care that revolve around community services.

The 10 modules which will be divided into four sessions are tentatively organized as follows:

- 1: Overview of Dementia
- 2: Epidemiology
- 3: Detection and Diagnosis
- 4: Medical Treatment of Dementia: Current and Future
- 5: Non-Pharmacological Management of Dementia
- 6: Ethics
- 7: Palliative and End-of-Life Care
- 8: Dementia Care Pathways
- 9: Facilitating Team-Based and Person-Centered Care
- 10: Caring for and Interacting with Caregivers

## Program Structure

The Diploma encompasses 10 modules delivered across two virtual and two in person sessions. Each of the two in person sessions will take place over two days. The target number of recipients for the in-person session will be 70-80 health and allied care practitioners. A nominal registration fee for the in person session will be charged to participants.

CEUs/CMEs will be allocated for each module. The same modules will be repeated every year. In this way, if a participant is unable to complete any module, s/he can pick up the session the following year. If all modules are taken as offered during a specific cohort's offering (e.g. cohort 1 August 2022-April 2023), the diploma will take four months to complete and successful completion of the diploma will be determined by the timely, thorough, and accurate completion of participation in live sessions (whether virtual or in person) which will include lectures, case discussions, and individual presentations.

## Accreditation

Application for accreditation of the diploma program will be made to Alzheimer's Disease International (ADI) after the first cohort has been completed.

## Session One

The first session that covers the two modules

### **1-Overview of Dementia & 2-Epidemiology & Demographic Introduction to dementia**

will take place virtually between 26-27 August, 2022. The time will be Between 4 to 8 in the afternoon: Beirut time

**There is no registration fees for the virtual session and minimal fees for the presential session to defray the cost.**

**At the completion of the session participant will receive certificate of attendance and a total of 10 CME credit hours**

The meeting will take place on Zoom on Friday and Saturday between 4 to 8 pm Beirut time

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMldu2srjguHNO3eo5LQYMTA4OUlr4tB5Mx>

After registering, you will receive a confirmation email containing information about joining the meeting.

**I am attaching the tentative program , please register on Zoom to secure your place**

We look forward to welcome you

Sincerely

A. Abyad, MD, MPH, MBA, DBA, AGSF , AFCHSE  
CEO, Abyad Medical Center, Lebanon.  
Chairman, Middle-East Academy for Medicine of Aging  
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## Diploma In Dementia Care

### Session 1 –Overview of Dementia /Epidemiology & Demographic

26-27 August, 2022

4-8 pm Lebanon Time (Virtual )

| Day 1: Overview of Dementia                           |  |  |
|---|--|--|
| 04:00-04:30   | Normal ageing and cognitive functioning                                | Dr. Salwa Al suwaidi -UAE              |
| 04:30-05:00   | Normal ageing vs minimal cognitive impairment                          | Pr. Maurits Vandewoude-<br>Belgium     |
| 05:00-05:30   | Dementia as a Syndrome   | Pr. Hala sweed-Egypt                   |
| 05:30-06:00   | Most Common type of Dementia   | Dr. Marwan Ramadan- Qatar              |
| 06:00-06:30   | Risk factors for Dementia  | Pr. Faisal Alnasir-Bahrain             |
| 06:30-07:00   | Early Stage Dementia   | Christian Vella-Malta                  |
| 07:00-07:30   | Middle Stage Dementia  | Dr. Hashim Bulbaid -Saudi<br>Arabia    |
| 07:30-08:00   | Late Stage Dementia  | Pr. Giovanni Gambassi -Italy           |
| Day 2: Epidemiology, Demographic, and Societal Impact |  |  |
| 04:00-04:30   | Population Ageing in the MENA Region                                   | Dr. A. Abyad -Lebanon                  |
| 04:30-05:00   | Dementia : Global and MENA trends                                      | Dr. Hamed Al Sennawi -Oman             |
| 05:00-05:30   | Young Onset Dementia   | Pr. Mohamud A. Verjee - Qatar          |
| 05:30-06:00   | Intellectual disability &Dementia                                      | Dr. Ali Alqattan -Kuwait               |
| 06:00-06:30   | WHO Global Action Plan on Dementia                                     | Dr. I. Govia - Jamaica                 |
| 06:30-07:00   | Impact of Dementia on Healthcare System, Public &<br>Personal Finances | Dr. Mohammed Basheikh,<br>Saudi Arabia |
| 07:00-07:30   | Societal Burden  | Dr. Marwan Ramadan- Qatar              |
| 07:30-08:00   | Dementia Friendly Society  | Rosette Farrugia-Bonello-<br>Malta     |